# Curriculum Vitae



### **Personal Data**

First name: Giti Family name: Setoodeh Date of Birth: 1/13/1971 Place of Birth: Shiraz, Iran Nationality: Iranian Marital status: Married

#### Work Address

Mental Health & Psychiatric Nursing Department, School of Nursing and Midwifery Nemazee Square, Zand Blvd., Shiraz, Iran Postcode: 71936-13119 P.O. Box: 71345-1359 Tel: 0098 7136474254 Fax: 0098 7136474252 E-mail: gitisetoodeh@gmail.com setoodeh@sums.ac.ir

#### I. Education

Years	Degree	Institution	Location
2020	Ph.D. in Nursing	Shiraz	Iran
	-	University of	
		Medical	
		Sciences	
2007	M.Sc. in Nursing	Shiraz	Iran
	Education	University of	
		Medical	
		Sciences	
1994	B.Sc. in Nursing	Shiraz	Iran
		University of	
		Medical	
		Sciences	

# **II. Professional experience**

Years	Position	Institution	Location
2012- Now	Director of Mental Health and Psychiatric Nursing Department	School of Nursing and Midwifery, Shiraz University of Medical Sciences	Iran
2007- Now	Counselor of Education	School of Nursing and Midwifery, Shiraz University of Medical Sciences	Iran
2007- Now	Faculty member of Psychiatric Nursing Department	School of Nursing and Midwifery, Shiraz University of Medical Sciences	Iran
2007- Now	Supervisor/consultant/ referee for 26 dissertations in Master's degree in Nursing	School of Nursing and Midwifery, Shiraz University of Medical Sciences	Iran
2007- Now	Referee for 3 scientific books in areas of Nursing/Psychiatry Nursing/Psychiatry in Midwifery	School of Nursing and Midwifery, Shiraz University of Medical Sciences	Iran
2008- Now	Member of selection committee for B.S./M.S. degree in Emergency Paramedics	School of Nursing and Midwifery, Shiraz University of Medical Sciences	Iran
2004 December 10th	CGFNS Qualifying Exam CGFNS#3458020	Commission on Graduates of Foreign Nursing Schools (CGFNS)	Bangkok, Thailand
2004- 2007	Clinical supervisor	Ghotbedin Hospital Burn Center	Iran
2002- 2004	Nurse manager	Ghotbedin Hospital Burn Center	Iran
1995- 1997	Registered nurse	Ghotbedin Hospital Burn Center	Iran

## **III. Teaching experiences**

Years	Course	University	Students
2007-Now	Psychology	Shiraz University of Medical Sciences	Nursing/Operating room technicians/Anesth etic technicians
2007-Now	Mental Health	Shiraz University of Medical Sciences	Nursing/Operating room technicians/Anesth etic technicians
2007-Now	Mental illness & Psychotherapy	Shiraz University of Medical Sciences	Nursing
2007- Now	Child & Adolescent Psychiatry	Shiraz University of Medical Sciences	Psychiatric Nursing
2007-Now	Geriatric Psychiatry	Shiraz University of Medical Sciences	Psychiatric Nursing/Gerontolo gy Nursing
2007-Now	Psychotropic Medication	Shiraz University of Medical Sciences	Psychiatric Nursing
2007-Now	Addiction Nursing	Shiraz University of Medical Sciences	Psychiatric Nursing
2007-Now	Emergencies in Psychiatry	Shiraz University of Medical Sciences	Psychiatric Nursing/Paramedi cs
2007-Now	Mental Health & Mental illness Apprenticeship	Shiraz University of Medical Sciences	Nursing/Paramedi cs
2007-Now	Pediatric Psychology	Shiraz University of Medical Sciences	Psychiatric Nursing/ Pediatric Nursing
2007 - Now	Group Therapy	Shiraz University of Medical Sciences	Psychiatric Nursing
2007-Now	Family therapy	Shiraz University of Medical Sciences	Psychiatric Nursing
2007-Now	Psychiatry in Midwifery	Shiraz University of Medical Sciences	Midwifery
2007-Now	Principles in Consultation	Shiraz University of Medical Sciences	Psychiatric Nursing/ Midwifery
2007-Now	Consultation in women & Midwifery	Shiraz University of Medical Sciences	Midwifery
2007-Now	First Aids in Pharmacy	Shiraz University of Medical Sciences	Pharmacy

### IV. Honors and Awards

- 1. First Rank Professor at the Faculty of Nursing & Midwifery, 2012, Shiraz University of Medical Sciences, Shiraz, Iran.
- 2. A plaque for excellence in Nursing Education, June 2012, Shiraz University of Medical Sciences, Shiraz, Iran.
- 3. First Rank in Nursing Education at the 6th Motahari Research Festival on Medical Sciences, Superior Process in assessment of challenges in nursing clinical training, Jan 2011, Tehran, Iran.
- 4. Achieving CGFNS Qualifying Exam (Commission on Graduates of Foreign Nursing Schools), December 2004, Bangkok, Thailand.
- **5.** Top student in B.S. program, 1994, School of Nursing and Midwifery, Shiraz University of Medical Sciences, Shiraz, Iran.

### V. Membership

- 1. Women's Health Policy Council
- 2. Educational Council
- 3. Research Council
- 4. Community Based Psychiatric Care Research Center
- 5. OSCE Exam Council

## VI. Publications:

#### A. Dissertations

1. Setoodeh G, Hazrati M, Sharif F, Gholamzadeh S. "Investigating the status of successful aging based on Selection,Optimization and Compensation Model and its relationship with some demographic variables in elderly population of Shiraz, South west of Iran", Revista Latinoamericana de Hipertensión (ISSN:1856-4550),2020;15(3). Web Link: http://www.revhipertension.com/rlh\_3\_2020/5\_investigating\_the\_status.p df

2. Setoodeh G, Sharif F\*, Faramarzi A, Tabatabaee HR. "Effect of preoperative psycho-educational interventions on anxiety and pain in children undergoing tonsillectomy in Shiraz Southern Iran", Iranian Red Crescent Medical Journal, 2010; 12 (1), 52-57.

Web Link:

https://search.proquest.com/openview/4de82b08c18e49bc6f733286286d3 3c2/1?pq-origsite=gscholar&cbl=105757

### Articles

1. Setoodeh G, Hazrati M, Sharif F, Gholamzadeh S. "Investigating the status of successful aging based on Selection, Optimization and Compensation Model and its relationship with some demographic variablesinelderly population of Shiraz, South west of Iran", Revista Latinoamericanade Hipertensión (ISSN:1856-4550),2020;15(3). Web Link:

http://www.revhipertension.com/rlh\_3\_2020/5\_investigating\_the\_status. pdf

2. Mohebbi Z, Setoodeh G, Torabizadeh K, Rambod M. "State of Mental Health and Associated Factors in Nursing Students from

Journal Papers Southeastern Iran", Investigacióny Educaciónen Enfermería, 2019; 37(3)

Web Link: <u>https://pubmed.ncbi.nlm.nih.gov/31830402/</u>

3. Setoodeh G, Amiri A, Sajjadi SF. "A Study of the Effect of Integrated Education of Professional Operating Room Skills on the Undergraduate Operating Room Students' Professional Self Concept", BRAIN-BROAD RESEARCHINARTIFICIALINTELLIGENCEAND EUROSCIENCE, 2018; 9(3): 88-97.

Web Link: <u>https://lumenpublishing.com/journals/index.php/brain/index</u>

4. Amiri A, Setoodeh G\*, Sajjadi SF. "The Effect of Educational Stress Management on Job stress of Operating Room Nurses at Hospitals Affiliated to Shiraz University of Medical Sciences During Year 2016: A Randomized Controlled Clinical Trial", Women's Health Bulletin, 2018 January; 5(1):e14171.

Web Link:

https://womenshealthbulletin.sums.ac.ir/article\_45281\_f318b9c92c230c 30ec1dc3c7c298b0.pdf

5. Tavakoli P, Setoodeh G\*, Dashtbozorgi B, Komili Sani H, Pakseresht S. "The influence of assertiveness training on self-esteem in female

students of government high schools of Shiraz, Iran: A randomized controlled trial", Nursing Practice Today, 2014; 1 (1): 17-23. Web Link: <u>https://npt.tums.ac.ir/index.php/npt/article/view/4</u>

6. Sharif F, Parsnia A, Mani A, Vosoghi M, Setoodeh G. "Comparison of personality traits, coping styles, and psychiatric disorders in adult suicidal and non-suicidal individuals", International journal of community based nursing and midwifery, 2014;2(3),148-156. Web Link: https://iicbnm.sums.ac.ir/article\_40673.html

Web Link: <u>https://ijcbnm.sums.ac.ir/article\_40673.html</u>

7. Mohabbi Z, Najafi Sh, Molazem Z, Setoodeh G\*. "Epidemiology, Causes and Outcome of Burns in Women From Southern Iran: 2009-2011", Women's Health Bulletin, 2014; 1(2):1-5.

Web Link: <u>https://womenshealthbulletin.sums.ac.ir/article\_45179.html</u>

8. Setoodeh G, Sharif F\*, Faramarzi A, Tabatabaee HR."Effect of preoperative psycho-educational interventions on anxiety and pain in children undergoing tonsillectomy in Shiraz Southern Iran", Iranian Red Crescent Medical Journal, 2010; 12 (1), 52-57.

Web Link:

https://search.proquest.com/openview/4de82b08c18e49bc6f733286286d 33c2/1?pq-origsite=gscholar&cbl=105757

#### **B.** Books

#### VII. Presentations in Congress

1. Setoodeh G\*, Hazrati M, Sharif F, Gholamzadeh S. "Successful aging status in transitional Iran", Acceptedf or IFA 15<sup>th</sup> Global Conference on Ageing -"Rights Matters", 10-12 November 2021, Toronto, Canada. https://www.ifa2021.ngo/

2. Setoodeh G\*, Hazrati M, Sharif F, Gholamzadeh S. "Implementing meaningful aging programs to promote successful aging: A multidisciplinary approach", Accepted for IFA 15th Global Conference on Ageing - "Rights Matters", 10-12 November 2021, Toronto, Canada. https://www.ifa2021.ngo/ 3. Setoodeh G\*, Mohebbi Z, Tavakoli P. "Mental Disorders in Pediatric Setting: South of Iran", 5<sup>th</sup> International Congress of Child &Adolescent Psychiatry,Oral Presentation, October2012, Tehran, Iran. Abstract is available at: le:///C:/Users/parsnovin/Downloads/Vol\_7\_Number\_4\_Fall\_2012\_Supp lement\_Abst.pdf Conference Papers

4. Setoodeh G\*, Mohebbi Z, Tavakoli P. "Effect of dark chocolate on blood pressure and cardiovascular disease risk", 5th International Congress of Child & Adolescent Psychiatry, Oral Presentation, October 2012, Tehran, Iran. Abstract is available at: le:///C:/Users/parsnovin/Downloads/Vol\_7\_Number\_4\_Fall\_2012\_Supp lement\_Abst.pdf

5. Setoodeh G\*, Mohebbi Z, Tavakoli P. "Stigma in women diagnosed with HIV positive and the consequences: Shiraz 2009-2010", International Congress on HIV/AIDS in women & children, 2011, Shiraz, Iran.

6. Setoodeh G\*, Mohebbi Z, Tavakoli P. "Emotional and behavioral aspects of childhood obesity", 1st International Congress of Child Neurology, 2011, Zanjan, Iran. Mohabbi Z\*, Najafi Sh, Molazem Z, Setoodeh G. "Epidemiology, causes and outcomes of burn in patients admitted to the burn wards at Ghotbedin Hospital, Shiraz: 2008-2010", 1st International Tehran Burn Congress, 2011, Tehran, Iran.

7. Setoodeh G\*, Mohebbi Z, Tavakoli P. "Psycho-education and counseling in women confronting with progressive breast cancer", 7<sup>th</sup> International Breast Cancer Congress, 2010, Mashhad, Iran.

8. Setoodeh G\*, Mohebbi Z, Tavakoli P. "Effects of Lavender on sleep quality in patients with chronic cough", International Medicinal and Aromatic Plants Symposium, 2010, Shiraz, Iran.

9. Setoodeh G\*, Mohebbi Z, Tavakoli P. "Group psychotherapy and its in impact on depression and pain MS patients", Seminar Chronic Disease, 2010. Shiraz. on Iran.

10. Setoodeh G\*, Mohebbi Z, Tavakoli P. "Innovations of nursing care in<br/>adolescents with BMD", National Seminar on<br/>Adolescents Health, 2009, Shiraz, Iran.

11. Setoodeh G, Sharif F, Faramarzi A, Tabatabaei HR. "Psychoeducational interventions in Day-Case Tonsillectomy: impacts on anxiety and pain", The international conference of pediatric, Aug-Sep 2007, Athena, Greek.

Years	Student	Title of Dissertation	Role	School/University
2012	Azam Karami	The effect of psychological empowerment on the use of coping strategies and anxiety in adolescents with hemophilia	Supervisor	Shiraz University of Medical Sciences
2015	Afsar Amirsadat	The effectiveness of life review on the quality of life of the elderly referred to the geriatric care center of Imam Reza Clinic	Advisor	Shiraz University of Medical Sciences
2016	Sulmaz Golestan	Evaluation of the relationship between personality type and polycystic ovary syndrome in adolescent girls	Advisor	Shiraz University of Medical Sciences
2016	Fatameh Pashutan	The effect of psycho- educational interventions on reducing physical and mental symptoms in patients with inflammatory bowel disease	Advisor	Shiraz University of Medical Sciences
2016	Soheila Mohsenipur	Comparison of the effect of training coping strategies with relaxation on stress in women with uterine fibroids	Advisor	Shiraz University of Medical Sciences
2016	Somayeh Zare	Determining the relationship between mothers' emotional intelligence and quality of life in children 2-6 years old with congenital heart disease	Supervisor	Shiraz University of Medical Sciences
2017	Nazanin Naderi	The effect of multi-group family therapy on the burden of care in caregivers of Alzheimer's patients	Advisor	Shiraz University of Medical Sciences

### VIII. Thesis Supervision and Advisement

2017	Parvin Sadjadi	The effect of post-discharge care training on anxiety in children admitted to the intensive care unit of pediatric cardiac surgery during transfer to pediatric wards	Advisor	Shiraz University of Medical Sciences
2018	Omid Reza Keshavarz	The effect of familiarity with different types of drugs and its side effects in reducing the level of addiction of high school students	Advisor	Shiraz University of Medical Sciences
2019	Elham Saranjam	A Comparative Study of the Effect of Anxiety Management Training in Micro and Website Based Game play on Anxiety Control in Adolescent Girls 13-15 Years Old	Advisor	Shiraz University of Medical Sciences
2019	Fatameh Manuchehri	Comparison of the effect of traditional education methods and family-centered model on anxiety and some physiological variables in bariatric patients	Advisor	Shiraz University of Medical Sciences
2020	Mehrdad Rohaninasab	Investigating the relationship between mental health and job satisfaction of operating room staff in hospitals affiliated to Shiraz University of Medical Sciences	Advisor	Shiraz University of Medical Sciences
2020	Zahra Dadashpur	The effect of psycho- educational interventions on anxiety, physiological indicators and postoperative pain in patients undergoing coronary artery bypass grafting in hospitals affiliated to Shiraz University of Medical Sciences	Supervisor	Shiraz University of Medical Sciences
2021	Razieh Ilun	Design, implementation and evaluation of long-term care program for diabetic patients referred to Shahid Beheshti Clinic in Shiraz: a mixed- method study	Advisor	Shiraz University of Medical Sciences

## IX. Research interests

- 1. Psych-educational interventions
- 2. Psychological empowerment
- 3. Community based interventions in older adults

### X. Language Skills

MHLE 70/100 MCHE 60/100

